

CareerGrow.Coach

Take control of your career in 4 hours



THE PROGRAM

Designed by experts, the online program challenges and supports you to get clear on what you want and need to be present in your working life, so that you can confidently keep growing your career. And it even provides you with rigorously curated resources to help build your active career management skills.



Convenient

Online and entirely self-paced, it takes around 4 hours to complete. Do it in one sitting, over several days or even a few weeks.



Cost effective

At AUD290, the online program is less than one-fifth the cost of face to face career coaching.



Evidence based

Developed from 3,000+ hours of coaching & 18 months of intensive design work, drawing on academic research and best practice.



Designed by experts

Jill Livesey and Jane Holliday, senior organisational and career coaches who have worked with many of Australia's leading firms.

WHO IT HELPS

New or recent graduates

to get ahead by setting them up to actively manage their careers into the future.

Those at a turning point or in mid-career

to stop and think about what really matters to them and what steps they should take next.

Later career people

To think about what ingredients they want to keep in their lives as they wind down or mix things up.

What our clients say

"An amazing life changing and encouraging course ... Realise what I really want to do."

"... Thought provoking and interesting and stimulates self-examination in an encouraging and optimistic way (without being patronising) ..."

"...I feel inspired and enthused, and confident now that I have a plan of action for tackling the next step in my career, with an eye on my long terms dreams too!"

Our story

Our mission is simple: **we want to help people make the most of themselves and their careers.** At the heart of this mission is a commitment to providing accessible career management resources that empower more people to actively manage their careers.

Driving the CareerGrow.Coach mission are Jill Livesey and Jane Holliday, seasoned organisational and career coaches who have helped hundreds of clients successfully navigate their way to career happiness and satisfaction.

Prior to coaching, Jill was a senior leader in professional service firms and Jane was a commercial lawyer in a major Australian law firm, then an executive in HR and Learning. Between them, they have expertise and qualifications in law, career and leadership coaching, with membership to and accreditation from the Career Development Association of Australia and the International Coaching Federation.

2013

04 / Jane Holliday and Jill Livesey establish Thrive Career Coaching in Sydney, Australia.

2015

01 / The concept of an accessible, self-paced, online career coaching program is born and kicks off an extensive research and design phase.

2016

04 / Thrive becomes CareerGrow.Coach. Beta program tested with pilot group.
07 / Successful pilot concludes and is evaluated, kicking off the final revision stage.
09 / Final program launched to the public.