



CareerGrow.Coach  
*Stop. Think. Do.*

## BARRETT VALUES

This list is sourced with thanks to the Barrett Values Centre.

Accountability	Courage	Future generations	Personal fulfilment
Achievement	Creativity	Generosity	Personal growth
Adaptability	Dialogue	Health	Professional growth
Ambition	Ease with uncertainty	Humility	Recognition
Balance home/work	Efficiency	Humour/fun	Reliability
Being the best	Enthusiasm/positive attitude	Independence	Respect
Caring	Entrepreneurial	Initiative	Risk-taking
Clarity	Environmental awareness	Integrity	Safety
Coaching/mentoring	Ethics	Job security	Self-discipline
Commitment	Excellence	Leadership	Teamwork
Community involvement	Fairness	Listening	Trust
Compassion	Family	Making a difference	Vision
Competence	Financial stability	Openness	Wealth
Conflict resolution	Forgiveness	Patience	Well-being (overall)
Continuous learning	Friendship	Perseverance	Wisdom